

Pornography, Inpawlina (Masturbation) te leh Mipat hmeichhiatna lama Sual Dangte

Ngai teh, hei chauh hi ka hmu ta, Pathianin mihring a siam dik hi; mahse, thil siam chhuah tam tak an zawng a ni.
Thuhriltu 7:29

Thuhmahruai

Zawhna: Naupangte chu mipat hmeichhiatna lama sual chungchang hi eng kum nge kan zirtir tan ang?
Chhanna: Thil âwm lo tak tak an tih vele. Kum 18 emaw Kum 13 emaw hi a tlai lutuk...way too late.
Mipat hmeichhiatna lama sual (a nihna takah chuan sual zawng zawng) puitlingin a tih zawng zawng hi a naupan laia zirtir loh, siamthat leh thunun loh te a ni. I fate chu sex chungchang i zirtir dawn lo a nih chuan eng emaw, mi dangin emaw a zirtir ang. Pornography chuan a ti ang. Tin, chu chu i duh lo baw. CHUTIAN CHU I DUH LO!

Naupang thinlungah hian âtna hi a inbun a... Thufingte 22:15

Mipat hmeichhiatna sual hi a âthlâk a ni. Mawihna hi thil sual a ni. Sual bul chu sum leh pai ngainatna hi a ni. Chuvangin, mipat hmeichhiatna sual leh âtna zawng zawng bul chu sum leh pai ngainatna a ni baw.

Sum hmangaihna hi thil tha lo zawng zawng bul a ni si a... 1 Timothea 6:10

Mi zawng zawngin thil an tisual a, Pathian ropuina an tlachham si a; Rom 3:23 ah hian kan hmu

Tupawh Dan zawng zawng zawm a, thil pakhata tisualtu chu engkimah thiam loh chantir a ni si a. Jakoba 2:10

Mihring mithmuhah chuan naupang chu mipat hmeichhiatna sual, inngaihzawna, inngaihzawna, uirena, nawhchizuar, etc. ah chuan thiam loh chantir a la ni lo va, Pathian mithmuhah erawh chuan thil âthlâk tak a tih tawh avângin a sual a ni. Miin kum eng pawh ni se, hmun khata Pathian dan a tihchhiat chuan engkim a thiam loh chantir tawh a ni. Chuvang pawh a ni, kan Lalpa leh Chhandamtu ISUA KRISTA, sual nei lo Pathian Fapa, Dan pumpui tihlawhtlingtu hnena naupang inhmelhriattir hi a hma lutuk ngai lo. Thil zawng zawngah (mipat hmeichhiatna sualna te pawh tiamin) thlem a ni a, chuti chung pawh chuan sual a nei lo (Hebrai 4:15). A ropui ber a ni.

Ngai teh, fate hi LALPA rochan an ni a, nausen rah chu a lawmman a ni. Sam 127:3

A tiang khawngaihtu chuan a fapa chu a hua a, Amah hmangaihtu erawh chuan a thunun fo thin. Thufingte 13:24

LALPA tihnaah chuan rinna nghet tak a awm a, a fate chuan inhumhimna hmun an nei ang. Thufingte 14:26

Beiseina a awm chhungin i fapa chu thunun la, I nunnain a au chu khawngaih suh se. Thufingte 19:18

Naupang chu a kalna kawngah zirtir rawh: Tin, a upat hunah chuan a kalsan lo vang. Nausen thinlungah hian âtna hi a phuar a; Nimahsela, siamhatna tiang chuan a hnawt hlat ang. Thufingte 22:6,15

Nausen chu thununna khap suh, tiang i vuak chuan a thi lo vang. Tiangin i vuak ang a, A nunna chu hremhmun ata i chhanchhuak ang. Thufingte 23:13-14

Tiang leh zilhna chuan finna a pe a: Nausen mahnna awmtir erawh chuan a nu chu a timualpho thin. I fapa chu siam\hat la, ani chuan chawlh a pe ang che; a ni, i thlarau chu lawmna a pe ang. Thufingte 29:15,17

Tin, i fate zawng zawng chu LALPA zirtir an ni ang; i fate thlamuanna chu a ropui ang. Isaia 54:13

I fapa chu hrem la, hna thawk la, chutilochuan a nungchang bawlhhlawhna chu i tan thil tihsual a ni ang. Thuhrlitu 30:13

Thumal awmzia

Pornography - printed emaw visual material emaw, mipat hmeichhiatna lam emaw, thiltih emaw Chiang taka sawifahna emaw, lantir emaw awmna, aesthetic emaw emotional feelings aini erotic feelings tihchak tumna

Masturbation - mipat hmeichhiatna lama hlimna atana kut hmanga genitals tihchak

Voyeurism emaw Adultery in Heart - midangte saruak emaw an en lai atanga sexual pleasure neih dan engaged in sexual activity

Inngaihzawwna - mipa innei lote inkara mipat hmeichhiatna

Uirena - nupui pasal nei tawh leh a nupui/pasal ni lo mipat hmeichhiatna

hman

duhthusam lust

Debauchery - taksa nuam tihna leh a bik takin mipat hmeichhiatna lama hlimna lama inhmang lutuk; sex, ruihhlo, zu, etc. nena inzawm nungchang chu nungchang bawlhhlawh anga ngaih fo thin

Lasciviousness - duhamna emaw, zahmawh emaw; mipat hmeichhiatna lama duhna tiharhtu quality

Lewdness - indecency emaw obscenity emaw; vulgar sexual character or behavior

Promiscuity - mipat hmeichhiatna hmanpui tam tak neih emaw, inrawlhpuoi emaw; mipat hmeichhiatna hmanpui pakhat emaw, mipat hmeichhiatna hmanpui tlemte emaw chauh ni lo

Homosexuality (LGBTQIA+) - mipat hmeichhiatna lama mipat hmeichhiatna hman duhna, hmangaihna lama inhmangaihna, emaw, mipat hmeichhiatna lama mipat hmeichhiatna hmanpui, mipat hmeichhiatna lama mipat hmeichhiatna hman dan

Incest - mipat hmeichhiatna lama mipat hmeichhiatna hmanna, innei thei lo anga ngaih mipat hmeichhiatna nu leh pa, fa, unau, emaw tu leh fate nena inpawlina soal Rape

- mipat hmeichhiatna hmanpui emaw, mipat hmeichhiatna hmansualna chi khat, an remtihna tel lova mipat hmeichhiatna hmansualna chi khat

Gang bang - mi pakhat chu mi pawl pakhatin a zawna pawngsualna a sexual orgy involving changes of partner

Bestiality - mi leh rannung inkara inpawlina

Paraphilia - mipat hmeichhiatna lama duhna pangngai lo, a tlangpuoiin thil nasa tak emaw, thil hlauhawm tak emaw a tel thin

Sodomy - sexual intercourse involving anal or oral copulation anal sex leh oral sex

Zoophilia - mihringin mihring ni lo rannung a chung a sexual attraction, chu chu rannung chungchanga sexual fantasy tawn emaw, a nena inpawlina tak tak zawng emaw a ni thei

Group Sex - a ruala kawppui tam tak nena sex hman dan; hlui. threesome

Orgy - zu in tam lutuk leh inthliarna nei lo taka mipat hmeichhiatna lama inhriatthiamna (wild party)

Swinging - group chhunga group sex hman emaw, pawl chhunga mipat hmeichhiatna hmanpui inthleng emaw tih dan, a bik takin tih dan pangngaia

Exhibitionism - mahni serh emaw, taksa peng dang intihhlamna emaw lantir tura nawr emaw, vantlang hmaa mipat hmeichhiatna lama awm tir emaw

Fetishism - mipat hmeichhiatna hman dan chi khat, gratification tihna a ni strongly linked to a particular object or activity or a part other than the sexual organs

Frotteurism - mi dangte remtihna tel lova mipat hmeichhiatna lama mipat hmeichhiatna hmun khawih emaw, hnawih emaw, mipat hmeichhiatna lama hlimna hmuh emaw, orgasm thlen emaw

Masochism - mahni natna emaw, mualphona emaw atanga hlimna, a bik takin mipat hmeichhiatna lama hlimna lak chhuah duhna

Sadism - mi dangte chungah hrehawmna, hrehawm tawrhna emaw, mualphona emaw thlen a\anga hlimna, a bik takin mipat hmeichhiatna lama hlimna hmuh duhna

Chângte Tin

, eunuch, a kut hmanga thil sual ti lo, Pathian chungah thil sual ti lo suangtuah lo chu a eng a thawl e; Solomona finna 3:14

LALPA mit chu hmun tinah a awm a, thil tha lo leh tha chu a hmu thin. Thufingte 15:3

Hmanlai mite'n, 'I uire tur a ni lo' an tih kha in hre tawh a, kei erawh chuan ka hrilh a che u, tupawh hmeichhia chu a duh zawnga en apiangin a thinlungah a uire tawh a ni. Tin, i mit dinglam hian a tihbuai che chuan la chhuak la, paih chhuak rawh, i taksa pum pui hremhmunah paih mai ni lovin, i taksa peng pakhat boral chu i tan a hlawk si a. Tin, i kut ding lam hian a tihbuai che chuan tan la, paih bo rawh, i taksa pum pui hremhmunah paih mai ni lovin, i taksa peng pakhat boral chu i tan a hlawk si a. Matthaia 5:27-30

Thim thiltih rah chhuah lote nen chuan inpawl suh la, zilh zawk rawh u. A ruka an chungah thil tih hi sawi pawh a zahthlak si a. Nimahsela, zilhna zawng zawng chu êngin a lang chhuak a ni; Ephesi 5:11-13 ah hian kan hmu a

Chutichuan, leia in taksa pengte chu tithinur rawh u; inngaihna te, bawhlhlawhna te, duhâmna te, duhâmna sual te, duhâmna te, chu chu milem biakna a ni: Chumi avang chuan Pathian thinurna chu thu awih lohna fate chungah a lo thleng a ni: Kolossa 3:5-6

Khawngaihna leh thutak hmangin khawlohna chu tihthianglim a ni a, Lalpa tihnain miten sual an bosan thin. Thufingte 16:6

Felna chuan hnam a chawisang a, Sual erawh chu hnam tin tan sawichhiatna a ni. Thufingte 14:34

I uire tur a ni lo. Exodus 20:14

Hmeichhia te nen an mutpui angin mihringte nen in mutpui tur a ni lo, thil tenawm tak a ni. Sakawlh tu mah i intibawhlhlawh theih nan i mutpui tur a ni hek lo; Leviticus 18:22-23

Chumi avang chuan Pathianin hmangaihna tenawm takah a hlan ta a: an hmeichhiate pawhin pianpui hmanna chu thilsiam dodalnaah an thlak ta si a: Chutiang bawkin mipa pawhin hmeichhe hman dan chu kalsanin an duhnain an inchhir ta a; mipa leh mipain thil mawi lo thawkin, an tihsual phuhrukna chu anmahniah an dawng a ni. Rom 1:26-27 ah hian kan hmu

Mi fel lote chuan Pathian ram an luah lo vang tih in hre lo em ni? Bum suh u: Uire te, milem betu te, uire te, hmeichhe inngaihzawna te, mihringte nena inngaitlawm te, rukru te, duhâm te, zu rui te,

sawichhiat te, rukru te pawhin Pathian ram an luah lo vang. 1 Korinth 6:9-10

Inngaihna chu tlanchhiatsan rawh u. Miin sual a tih apiang chu taksa pawnah a awm a; Tupawh uire erawh chuan ama taksa chungah thil a tisual a ni. Engnge? in taksa chu in chhunga awm Thlarau Thianghlum biak in a ni a, Pathian hnen atanga in neih chu nangmahni ta in ni lo tih in hre lo em ni? A man chawia lei in ni si a, chuvangin in taksa leh in thlarauah Pathian chawimawi rawh u. 1 Korinth 6:18-20

Mi suaksual kawngah chuan lut suh la, Mi sual kawngah chuan kal suh. Chu chu pumpelh la, kal pel suh la, hawisan la, kalsan rawh. Thil sual an tih loh chuan an muhil ngai lo; tichuan, mi thenkhat an tihlum loh chuan an muthilh bo a ni. Suahsualna chhang an ei a, tharum thawhna uain an in bawh si a. Thufingte 4:14-17-ah a awm

Leviticus 18

1 Tin Lalpa chuan Mosia hnenah

2 "Israel fate hnenah thu sawi la, "Kei hi Lalpa in Pathian ka ni," ti rawh.

3 In chenna Aigupta ram thiltih ang zêlin in ti tûr a ni lo;

4 Ka rorêlnate chu in zâwm ang a, ka thuruatte chu in zâwm ang a, chuta awm tûrin: Kei hi Lalpa in Pathian ka ni.

5 Chutichuan, ka thuruatte leh ka rorêlte chu in zâwm tûr a ni;

6 Nangni zîngah tumahin an saruakna pholang tûrin a chhûngte hnai tak chu i pan tûr a ni lo: Kei hi Lalpa ka ni.

7 I pa saruakna emaw, i nu saruakna emaw i pho chhuak tur a ni lo; a saruakna chu i pho chhuak tur a ni lo.

8 I pa nupui saruakna chu i phawrh tur a ni lo, i pa saruakna a ni.

9 I farnu, i pa fanu emaw, i nu fanu emaw, in lama piang emaw, ram danga piang emaw pawh ni se, an saruakna pawh i pholang tur a ni lo.

10 I fapa fanu emaw, i fanu fanu emaw saruakna chu i saruak tur a ni lo;

11 I pa nupui fanu, i pa hrin, i farnu a ni a, a saruakna chu i pho chhuak tur a ni lo.

12 I pa farnu saruakna chu i pho chhuak tur a ni lo, i pa laina hnai tak a ni.

13 I nu unaunu saruakna chu i pho chhuak tur a ni lo, i nu laina hnai tak a ni si a.

14 I pa unaupa saruakna chu i pho chhuak tur a ni lo va, a nupui chu i hnaih tur a ni lo: I pi a ni.

15 I monu saruakna chu i pho chhuak tur a ni lo, i fapa nupui a ni; a saruakna chu i pho chhuak tur a ni lo.

16 I unaupa nupui saruakna chu i pho chhuak tur a ni lo, i unaupa saruakna a ni.

17 Hmeichhia leh a fanu saruakna chu i hlih tur a ni lo va, a fapa fanu emaw, a fanu fanu emaw chu a saruakna hlihsak turin i hruai tur a ni hek lo; a chhûngte hnai tak an ni si a: Suahsualna a ni.

18 A farnu hnênah nupui i nei tûr a ni lo va, a unaunu chu a dam chhûngin a saruakna pholan tûrin i nei tûr a ni hek lo.

19 Hmeichhia chu a saruakna pholan turin i pan tur a ni lo, a bawlhhlawhna avanga inthen a nih phawt chuan.

20 Chu bâkah, i thenawm nupui chu tisain i mutpui tûr a ni lo va, a nupui laka inthiarfihlim tûrin.

21 Tin, i thlahte zînga pakhat mah Moleka hnênah mei karah i kaltîr tûr a ni lo va, i Pathian hming pawh i tibawlhhlawh tûr a ni hek lo: Kei hi Lalpa ka ni.

22 Hmeichhiate nêan angin mihringte nêan i mutpui tûr a ni lo;

23 Sakawlh tu mah i intibawlhhlawh theih nân i mutpui tûr a ni hek lo: Hmeichhia pawh sakawlh hmaah mutpui tûrin i ding tûr a ni hek lo;

24 Chûng thil engah mah in intibawlhhlawh suh u: hêng zawng zawngah hian in hmaa ka hnawhchhuah hnamte chu an bawlhhlawh tawh si a:

25 Ram pawh a bawlhhlawh a ni: chuvângin a khawlohna chu a chungah ka sût a, ram ngei chuan a

chhûnga awmte chu a luak chhuak thîn.

26 Chuvângin, ka dânte leh ka rorêlte chu in zâwm ang a, chûng thil tenawm tak takte chu in ti lo vang; in hnam zinga mi emaw, ram dang mi emaw, in zinga awm pawh heti suh u:

27 (In hmaa ram mite chuan heng thil tenawm zawng zawng hi an ti a, ram chu a bawlhhlawh tawh a ni.)

28 In tibawlhhlawh hunah ram chuan nangni pawh a hnawhchhuah loh nan.

29 Tupawh chûng thil tenawm tak tak titu apiang chu an mite zîng ata tihboral an ni ang.

30 Chuvângin, in hmaa tih dân tenawm tak takte zînga pakhat mah in tih loh nân leh in tihbawlhhlawh loh nân ka thupêk chu in zâwm tûr a ni: Kei hi Lalpa in Pathian ka ni.

...chhuannaah chuan boralna leh manganna tam tak a awm si a, bawhchhiatnaah chuan boralna leh tlakchhamna nasa tak a awm si a: Inngaihtlawmna hi riltam nu a ni si a. Tobit 4:13

Nimahsela, Sakeibaknei rah pawh i ei tur a ni lo, a ti baw. Eng atan nge? Hei hi min hriattir turin; Uire i ni tur a ni lo; chutiang mite nen pawh tehkhin suh. Hare hian kum tin a nau pai hmunte a tipung thin si a; tin, kum tam tak a dam chhung hian a nei tam hle baw. Sakeibaknei rah pawh i ei tur a ni lo; chu chu, uire suh, mi dangte tichhetu pawh ni suh; chutiang mite ang chu ni suh. Tin, engvângin nge chutiang chu? A chhan chu chu thilsiam chu kum tin a chi a inthlak thin a, a chang chuan mipa a ni a, a chang chuan hmeichhia a ni baw. Chumi avâng chuan savawm chu dik takin a hua a; chutiang mi, an bawlhhlawhna avanga an kâa thil sual titu ang an nih loh nân; hmeichhe thianghlim lo, an kâa thil sual titute nêen chuan an inzawm hek lo. Chu rannung chuan a kâin a nau pai avângin. Barnaba Lehkha Thu tlangpui 9:7-9

Chhang zawng zawng hi nawhchizuar tan chuan a thlum vek a, a thih thlengin a kalsan lovang. Inneihna titawptu, a thinlunga heti hian, Tuin nge mi hmu ang? Thimin min hual vel a, bangte chuan min khuh a, taksa tumahin min hmu lo; eng nge ka hlah ngai? Chungnungbera chuan ka sualte chu a hre reng lo vang: Chutiang mi chuan mihring mit chauh a hlau a, Lalpa mit chu ni aiin a let sang sawmin a eng zawk tih a hre lo. Thil zawng zawng siam a nih hmain a hre vek a; chutiang bawkin an famkim hnu chuan a en vek baw a. He mi hi khawpui kawthlerah hrem a ni ang a, a rinhlelhna hmunah chuan hruai a ni ang. Chutiang chuan nupui pasal kalsan a, mi dang ro luahtu chu a kal ve baw ang. Pakhatnaah chuan Chungnungbera dan chu a bawhchhia si a; tin, a pahnihaah chuan, a pasal ngei pawh a bawhchhia a; a pathumnaah chuan, uirenaah nawhchizuar a siam a, mi dang lakah fate a hruai a ni. Thuhrlitu 23:17-23

Mi chi thum ka nunnain a hua a, an nunna hi ka tithinur hle a ni: Mi rethei chapo tak, mi hausa dawthei leh uire utar, thil ti thin. Thuhrlitu 25:2

Nawhchizuar chu chil anga ngaih a ni ang; nupui pasal nei tawh erawh chu a pasal tan chuan thihna dodalna kulh a ni. Thuhrlitu 26:22

Thupha chawina, Simna leh Siamthatna

Mi fel chu vawi sarih a tlu a, a tho leh thin a; Thufingte 24:16

Tupawh a sualte khuhtu chu a hlawhtling lo vang: Tupawh puangtu leh kalsan apiang chu khawngaihna a awm ang. Thufingte 28:13-ah a awm

Aw ka hmelma, ka chungah lawm suh: Ka tluk hunah ka tho leh ang; thimah ka thut hunah chuan LALPA chu ka tan êng a ni ang. LALPA thinurna chu ka tuar ang, a chung a thil ka tihsual avângin,

ka thubuai a sawi chhuah a, ka tâna rorêlna a thlen hma loh chuan: êngah mi hruai chhuak ang a, a felna chu ka hmu ang. Mika 7:8-9 ah kan hmu

Chutichuan, puithiam lalber ropui tak, vanah kalsan tawh, Isua Pathian Fapa kan nei tih hriain, kan inpuanna hi i vawng tlat ang u. Puithiam lalber, kan chak lohna hriatnain khawih theih loh kan nei si lo va; mahse, keimahni ang bawh hian engkimah thlemna a tawh a, sual erawh a nei lo. Chutichuan khawngaihna lalthutphah chu huaissen takin i lo kal ang u, khawngaihna kan hmuh theih nan leh kan mamawh huna tanpui turin khawngaihna kan hmuh theih nan. Hebrai 4:15-16 ah hian kan hmu

Kan sualte kan puan chuan kan sualte min ngaidam tur leh fel lohna zawng zawng ata min tifai turin a rinawmin a dik a ni. 1 Johana 1:9

Nimahsela, simte chu a lo kêr leh a, dawhthei lote chu a thlamuan a. Lalpa hnenah kir leh la, i sualte kalsan la, a hmaah i tawngtaina siam la, tisual tlem zawk rawh. Chungnungbera hnênah hawi leh la, khawlohna chu hawisan rawh: Thim ata hrisêlna êngah a hruai ang che a, thil tenawm chu nasa takin a hua ang che. Thuhrlitu 17:24-26-ah a awm

Ka fapa, i tisual em? ti leh tawh suh la, i sual hmasate ngaihdam dîl zawk rawh. Rul hmai ang maiin sual lak ata tlanhhiatsan ang che, i hnaih lutuk chuan a seh ang che: A ha chu sakeibaknei ha ang a ni a, mihringte nunna a that ang. Thuhrlitu 21:1-2

Aw Pathian, i ngilneihna ang zelin mi khawngaih rawh: I khawngaihna tam tak ang zelin ka bawhchhiatnate chu thai bo rawh. Ka khawlohna ata mi silfai la, Ka sual lakah mi tithianghlim rawh. Ka bawhchhiatnate chu ka pawm si a, ka sualna chu ka hmaah a awm reng a ni. Nangmah chauh hi i chungah thil ka tisual a, i mithmuhah he thil tha lo hi ka ti a ni: Thu i sawi laia thiam chantir i nih theih nan leh, i rorel huna i fiah theih nan. Ngai teh, khawlohnaa siam ka ni a; sualah ka nuin min rai a. Ngai teh, chhungril lamah thutak i duh a, a thup lamah chuan finna mi hriattir ang. Hisop-in mi tithianghlim la, tichuan ka thianghlim ang: Mi sil la, vur ai pawhin ka var zawk ang. Hlimna leh lawmna min hriattir la; i ruh tliakte chu a hlim theih nân,” a ti a. Ka sual lakah i hmai thup la, Ka khawlohna zawng zawng chu thai bo rawh. Aw Pathian, keimahah thinlung thianghlim siam la; ka chhungah thlarau dik tak siam thar leh rawh. I hma ata min paih bo suh; i thlarau thianghlim chu ka lakah la suh. I chhandamna lawmna chu ka hnenah pe leh rawh; i thlarau zalênin mi vawng tlat ang che. Tichuan, bawhchhetute chu i kawngte ka zirtîr ang; tichuan mi sualte chu i hnenah an lo piangthar ang. Aw Pathian, ka chhandamtu Pathian, thisen sual lak ata mi chhanchhuak ang che: Ka lei chuan i felna thu a sa ang. Aw Lalpa, ka hmuhi hi hawng la; ka kâin i fakna chu a târ lang ang,” a ti a. Inthawina hi i duh lo si a; chuti lo chuan ka pe ang: hâlral thilhlân chu i lâwm lo. Pathian inthawinate chu thlarau kehchhia a ni: thinlung kehchhia leh inchhir tawh, Aw Pathian, i hmsut lo vang. I duh zawngin Zion tan thil tha ti rawh: Jerusalem kulh bangte chu siam rawh. Chumi hnuah chuan felna inthawina te, hâlral thilhlân te, hâlral thilhlân pum puiah te i lâwm ang a; Sam 51-na a ni

Isua chu Olive tlângah a kal a. Tin, zîng takah biak inah a lo lut leh a, mipui zawng zawng chu a hnênah an lo kal a; tin, a thu a, a zirtir a. Leikhaziaktute leh Pharisaite chuan a hnênah hmeichhe uirea man anrawn hruai a; tin, a laiah an dah hnu chuan, “Zirtirtu, he hmeichhia hi uirenaah an man a ni,” an ti a. Tin, Mosia chuan Dânah, chutiang mite chu lungin an deng tûrin thu min pe a; He thu hi an sawi a, amah an puh a ngaih theih nan a thlem a. Nimahsela, Isua chu a bawkkhup a, a kut zungtangin leiah a ziaa a, a hre lo ang maiin. Chutichuan, an zawh chhunzawm zel chuan a han chawi chho a, an hnenah, “In zinga sual nei lo chuan lungin a vawm hmasa phawt ang che,” a ti a. Tin, a bawkkhup leh a, leiah chuan a ziaa ta a. Tin, chu thu hretute chu anmahni chhia leh tha hriatnain thiam loh changin, a upa ber ațanga a hnunung ber thlengin pakhat hnu pakhatin an chhuak ta a; Isua chu a lo chawr chhuak a, hmeichhia chauh lo chu tumah a hmu lo va, a hnênah,

“Hmeichhia, i puhtute kha khawiah nge an awm?” Tuman thiam loh chantir che an awm lo em ni? Ani chuan, “Mi tumah lo, Lalpa,” a ti a. Tin, Isuan a hnênah, “Kei pawhin thiam loh ka chantir lo che; Johana 8:1-11 ah hian a awm

Rom 7:7-25

7 Chuti a nih chuan eng nge kan sawi ang? Dan hi soal a ni em? Pathianin a phal lo. Ni lo, soal chu ka hre lo, Dân avângin ka hre lo, Dânin, “I duhâm tûr a ni lo,” a tih loh chuan châkna chu ka hre lo vang,” a ti a.

8 Nimahsela, soalna chuan thupêk avângin hun remchâng a nei a, duhâmna tinrêng ka neihtîr a. Dan tel lo chuan soal chu a thì tawh si a.

9 Dân tel lovin vawi khat chu ka nung tawh si a;

10 Tin, thupêk, nunna atâna ruat chu thihna thleng a ni tih ka hmu a.

11 Soal chuan thupêk avângin hun remchâng a la a, mi bum a, mi that a.

12 Chuvângin, Dân chu a thianghlim a, thupêk chu a thianghlim a, a dik a, a tha bawk.

13 Chuti a nih chuan thil tha chu ka tân thihna a lo ni ta em ni? Pathianin a phal lo. Soal erawh chu soal anga a lan theih nân, thil tha avângin keimahah thihna a thlen a; thupêk avânga soal chu soal nasa tak a lo nih theih nân.

14 Dan chu thlarau lam thil a ni tih kan hria a, kei erawh chu tisa mi ka ni a, soal hnuaia hralh ka ni.

15 Ka thil tih chu ka phal lo va; mahse, ka huat ber chu chu chu ka ti a ni.

16 Ka duh loh zawng ka tih chuan Dân chu a tha tih ka pawm a ni.

17 Chutichuan, keimah titu chu ka ni tawh lo va, soal keimaha awm chu a ni zawk.

18 Keimahah (chu chu ka tisaah) thil \ha reng reng a awm lo tih ka hria a; thil \ha tih dan erawh ka hmu lo.

19 Ka duhzawng thil tha chu ka ti lo va;

20 Ka duh loh zawng ka tih chuan keimah titu ka ni tawh lo va, soal keimaha awm chu a ni zawk.

21 Chutichuan, thil tha tih ka duh hunah chuan thil tha lo chu ka hnênah a awm tih Dân ka hmu a ni.

22 Chhûngril mihring angin Pathian dânah ka lâwm si a;

23 Ka taksa peng hrang hrangah hian dan dang ka hmu a, chu chuan ka rilru dan chu a do a, ka taksa peng hrang hranga awm soal danah chuan salah mi hruai lut a ni.

24 Aw mi rethei tak ka nih hi! he thihna taksa lakah hian tuin nge mi chhanchhuak ang?

25 Kan Lalpa Isua Krista zârah Pathian hnênah lâwmthu ka sawi a ni. Chutichuan, keimah ngei pawhin rilruin Pathian dan rawng ka bawl a; tisa nen erawh chuan soal dan a ni zawk.

Mihring tâna thlêmna chauh lo chu thlêmna reng rengin a la lo che u a, Pathian erawh chu a rinawm a, in tih theih aia tam thlêmna chu a phal lo vang che u; nimahsela, in tuar theih nân thlêmna nen chuan tlanchhuahna kawng a siam bawk ang. 1 Korinth 10:13-ah hian kan hmu a

Chumi hnua chuan Judate ruai an lo awm a; tichuan, Isua chu Jerusalem-ah a chho ta a. Jerusalem khuah chuan berâm zawrhna kamah chuan hebrai tawngin Bethesda tia koh, pêng panga nei tuikhuah a awm a. Chûng zîngah chuan mi chak lo, mitdel, ding, vuai, tui inher nghaktu tam tak chu an mu a. Vantirhkoh chu hun engemaw chen chu dilamah a chhuk a, tui chu a tibuai a, Tui a tihbuai hnua arawn luh hmasak apiang chu a natna apiangah a lo dam tawh a ni. Chutah chuan mi pakhat, kum sawmthum leh pariat damlo a awm a. Isuan a muhil lai a hmuh a, chutiang dinhmunah chuan rei tak a awm tawh tih a hriat chuan a hnenah, “I dam duh em?” Mi chak lo chuan a chhâng a, “Ka pu, tui a hruai lai pawhin dilah mi thun tûrin tumah ka nei lo; Isuan a hnênah, “Tho la, i khum chu la la, kal rawh,” a ti a. Chu mi chu a dam nghâl a, a khum chu a phawrh a, a kal ta a; Chutichuan, Juda-te chuan dam tawh hnenah chuan, “Chawlhni a ni a; Ani chuan an hnênah, “Mi tidamtu chuan ka hnênah, ‘I khum kha la la, kal rawh,’ a ti a. Chutichuan, anni chuan, “I khum kha la la, kal rawh, titu che chu tu nge ni? Tin, dam tawh chuan tu nge a nih a hre lo, Isua chu a kal bo tawh a, chu hmunah

chuan mipui tam tak an awm a. Chumi hnuah chuan Isuan biak inah a hmu a, a hnenah, "Ngai teh, i dam tawh e; Johana 5:1-14-ah a awm

I thinlung chu thahnemngai takin vawng reng ang che; Chuta tang chuan nun chungchang a lo chhuak si a. Thufingte 4:23

Lalpa chu hmuh a nih chhung zawngin zawng ula, a hnaih lai pawhin au ula: Mi suaksual chuan a kawng chu kalsan sela, mi fel lo chuan a ngaihtuahnate chu kalsan sela: Lalpa hnenah kîr leh rawh se, tichuan a khawngaih ang; tin, kan Pathian hnênah, a ngaidam êm êm ang,” a ti a. Isaia 55:6-7

Sual lan dan zawng zawng lakah inthiarfihlim rawh. 1 Thessalonika 5:22

A hmasa berin Pathian pakhat chauh a awm tih ring rawh u, engmah lo zawng zawng chu thil awm lo zawng zawngah siamtu leh a siamtu chu a ni. Engkim a hrethiam a, a lian mai mai a ni a, tumahin an hrethiam tur a ni lo. Thumal engmah hmanga sawifiah theih loh, rilruin ngaihtuah theih loh. Chuvangin amah chu ring rawh; tin, hlau rawh u; tichuan, amah hlauvin thil tha lo zawng zawng lakah inthiarfihlim rawh u. Chûngte chu vawng la, châkna leh khawlohna zawng zawng chu paih bo la, felna inthuan la, he thupêk hi i zawm chuan Pathian tân i nung ang. Herma Lehkhabu 2-na 1:1-5